



Monarch Center for Autism

at Bellefaire JCB

Daily Living & Independence Frequently Asked Questions

What are meals like? Can we provide food for our child?

Upon admission, allergies and food preferences are documented. Every effort is made to prevent exposure to allergens and cross-contamination. When food selectivity is a concern, goals may be incorporated into the resident's individualized treatment plan to gradually increase the variety and quantity of foods and beverages tolerated.

Bellefaire's onsite catering services prepares meals for Monarch Boarding Academy residents and stocks snack pantries with healthy options. All meals and snacks are approved by Bellefaire's Registered Dietitian.

What can my child keep in their room?

Residents may have comfort items and personal belongings based on their individual needs, safety considerations, and applicable flammability requirements. Items may be kept in the resident's room or in a designated, secure storage area.

Can my child bring a tablet or other personal electronics?

Some residents bring personal electronics such as an iPhone or iPad. Devices are stored securely when not in use and may be available during recreation, leisure time, or transitions, typically in 15–30 minute increments. Wi-Fi is available throughout the Bellefaire campus.

What does a typical weekend look like?

Weekends and other non-school days provide opportunities for socialization, recreation, cooking, community outings, and skill building. Residents continue to follow consistent morning, afternoon, and evening routines, with visual, sensory, and behavioral supports to promote success.